

DATE / ACTIVITY	VENUE / TIME
<p><b>MONDAY 21</b>  <b>Liffey Fm 96.4 Lucan Beat</b>  <i>Drive time programme with music, Lucan Community Festival news and current affairs with Joe Byrne and Liam Collins</i></p> <p><b>Bridge for beginners</b></p> <p><b>Lucan Shotokan Karate Club</b>  <i>Come and try the open session.</i></p> <p><b>MABS Talk</b>  <i>Money advice and budgeting in these hard times.</i></p> <p><b>Liffey Fm 96.4</b>  <i>Drive time with Fran Walsh.</i></p>	<p>Ballyowen Centre 5.00 – 6.00pm</p> <p>Ballyowen Centre 7.30 - 8.30pm Lucan Sports and Leisure Centre 5.30 – 7.00pm</p> <p>Lucan Library 7.30 – 9.00pm</p>
<p><b>TUESDAY 22</b>  <b>U3A Open Meeting</b>  <i>Are you interested in making new friends? Call in for a chat. All welcome</i></p> <p><b>Step Aerobics</b>  <i>Limited places free of charge booking required. Ph: 6241930</i></p> <p><b>Health and Wellbeing</b>  <b>Learn About:</b></p> <ul style="list-style-type: none"> <li>- the benefits of good skincare (inc presentation and demonstration)</li> <li>- relaxation techniques and the benefits of massage</li> <li>- nutrition and wellbeing</li> <li>- keeping fit and feeling younger</li> <li>- starting your own 'stress free' home based business</li> </ul> <p><i>Book your place NOW for your FREE hand or body massage (limited availability)  Call Lisa on 087 936 8719 or Austin on 086 820 9767</i></p> <p><b>Pieta House Talk</b>  <b>Cindy O Connor</b> Clinical Director.  <i>The reality and myths of Suicide</i></p>	<p>Ballyowen Centre 10.30 -11.30am</p> <p>Ballyowen Centre 7.30 – 9.00pm</p> <p>Lucan Sports and Leisure Centre 6.00 – 9.00pm</p> <p>Ballyowen Centre 7.30 – 9.00pm</p>

DATE / ACTIVITY	VENUE / TIME
<p><b>WEDNESDAY 23</b>  <b>Lucan Senior Citizens Open Day</b>  <i>Are you an active person and interested in increasing your social network? Why not pop in for a chat. All welcome.</i></p> <p><b>Story Time</b> (Under 6 years)</p> <p><b>Child Care Committee Talk</b>  <i>Advice on play for children and free playschool year.</i></p> <p><b>Liffey FM 96.4</b>  <i>Drive time with Gail Hunter and Tommy Kelly.</i></p>	<p>St Mary's Parish Hall 10.30- 12.30pm</p> <p>Lucan Library 3.00 – 3.30pm Lucan Library 3.00 – 4.30pm</p> <p>Ballyowen Centre 5.00 – 6.00pm</p>
<p><b>THURSDAY 24</b>  <b>Liffey Fm 96.4</b> - Drive time with Jim Sherlock</p> <p><b>Khia Bo</b>  <i>Free session booking required - Ph: 6241930</i></p> <p><b>Concert "Lucan got talent"</b>  <i>Local Bands &amp; Lucan Concert Band Christy Corrigan, Lee School of Dancing, Celtic Mist plus many more acts  Door Charge €10</i></p>	<p>Ballyowen Centre 5.00 – 6.00pm</p> <p>Lucan Sports and Leisure Centre 7.00 – 8.00pm</p> <p>Spa Hotel 8.00 - Late</p>
<p><b>FRIDAY 25</b>  <b>Bridge</b> - New members welcome</p> <p><b>Coffee Open Morning</b>  <i>The staff of Lucan Youth Service would like to welcome you to Griffeen Youth Centre, for a cuppa and a chat!  Information will be available about the programmes we run for young people at Griffeen Youth Centre. You will also get a chance to see our facilities at the venue as well as volunteering opportunities for adults. Please contact us at 01 621 7640 or lucanyouthservice@gmail.com</i></p> <p><b>Liffey Fm 96.4 Lucan Beat</b>  <i>All the latest from Lucan and the Community Festival with Joe Byrne and Tommy Kelly.</i></p> <p><b>Club For You Disco</b>  <i>Admission Strictly only 2nd and 3rd year Lucan Schools. Tickets will be sold prior to the event and will cost €8. Admission with ticket only.</i></p> <p><b>Lucan Community Festival Concert</b>  <i>Mega-bites Youth Café will be hosting a concert night for Lucan based bands.  All young people (15+) will be welcome to enjoy the facilities in Griffeen Youth Centre. Refreshments will be available on the night (at no extra charge).  Doors open at 8pm. - Admission €5</i></p>	<p>Ballyowen Centre 10.00 -12.30pm</p> <p>Griffeen Youth Centre 11.00 - 1.00pm</p> <p>Ballyowen Centre 5.00 – 6.00pm</p> <p>Spa Hotel 7.30 - 11.00pm</p> <p>Griffeen Youth Café  <i>(above Centra Supermarket, Griffeen Glen.)</i> 8.00 - 11.00pm</p>

DATE / ACTIVITY	VENUE / TIME
<b>SATURDAY 26</b> <b>Sarsfields GAA Family Day</b> <i>Fun &amp; Games for all the family including:</i> Face Painting, Stocks & Sponges Bottle Stall, Books, DVDs, Jewellery Stalls Games for the kids, Barbeque, Teas, Cakes, Tug of War, Penalty shoot out with celebrity goalkeeper. Local bands playing throughout the day Charge : Individual Entry €2 Family Car €5.	Sarsfield Clubhouse Griffeen Park 2.00 – 7.00pm
<b>6-a-side Cricket Match</b> <b>Junior league under 16:</b> (10.00am-12.00am) <b>Social league:</b> (3.30pm-4.30pm) <b>Senior league:</b> (12.30pm-3.30pm, 4.30pm-5.30pm finals) Raffles, Fun Quiz, Fun bowling competitions. Social league is open to the public on the day. All Welcome	Griffeen Park 10.00 - 7.00pm
<b>Lucan Harriers Open Day</b>	Lucan Harriers Track 10am - 12 noon
<b>Esker Celtic Open Day</b>	Esker Celtic Club House, Hermitage Park 1.30 - 2.30pm 2.30 - 4.00pm
<b>5 – 7yrs – Academy</b> <b>8 – 12 yrs - Drills and skills</b> All boys and girls welcome	
<b>Geological Workshop</b>	Lucan Library 2.00 – 4.00pm
<b>Lucan Historical Exhibition</b>	St Andrews Church 2.00 – 5.00pm
<b>Inter Pub Golf Competition</b>	Lucan Golf Club Tee off time between 2.00 & 3.00pm

- **6k Run to Africa Road Race. [www.runtoafrica.org](http://www.runtoafrica.org)**  
 Individual registration will be €20. Concession for family groups. Registration from 10.30am on the morning of the race. Race will start and finish at Sarsfields GAA Clubhouse. Runners to assemble at 11.30am. Start time of race 12.00
- Music will take place in local Lucan Pubs throughout the weekend in support of the Community Festival. Please look to local pubs for more information.
- Parking – there will be no parking in Lucan Village on Sunday September 27th from 10.30am - 7.30pm to allow the festival to take place.
- Information was accurate when going to print. South Dublin County Council would like to thank all of the participating community groups.

# Lucan Community Festival 2009

Monday September 21st to  
Sunday September 27th

**SUNDAY SPECIAL**

**Time: 2pm to 6pm**

Sunday 27th September

## Lucan Community Festival / Lucan Garda Intercultural & Family Day

*The Village will be pedestrianised from the Garda Station to the Liffey Bridge.  
Businesses in the Village will be open.*

**Garda Band, Garda Dog and Mounted Unit, Underwater Unit, Garda Museum, Garda Vehicles Immigration Unit, Scenes of Crime Van, Road Safety Authority Mobile Unit, Tours of the Station, Fire Brigade, Lucan Concert Band Local Irish Dance Troops/Hip Hop Dancers, Traditional Irish Music, Local Live Bands.**

**Live Bands, Face Painting, Bouncy Castles, Street Entertainers, Street Games / Messy Play, Birds & Animals Exhibition, Reptile Zoo, Motor bikes, Irish Hedgehogs Caravan.**

### Lucan Historical Exhibition

*Liffey FM will broadcast live from Lucan Community Festival. Tune in to hear all the about the festival fun and activities.*

