

14th

SEPTEMBER

2019

11-4.30pm



Health & Wellness
Festival

Corkagh Park, Clondalkin

**INSPIRE
US**

**World Boxing
Champion,
Kelly Harrington,
The Happy Pear
& many more!**

**INSPIRED
SPORT**

**Rugby, Boxing,
Pentathlon,
Rowing,
Volleyball,
Cricket,
Callisthenics
& much more!**

**INSPIRED
WELLNESS**

**Yoga, Pilates,
Tai Chi,
Dance, Fitness,
Mindfulness talks,
Nutrition talks
and more!**

**Our event will conclude with a
Fun FREE Colour Run at 4.00pm**



**“Inspired @ South Dublin” is an inclusive
FREE event suitable for ALL**



Healthy
South Dublin



FREE Ticketed Event – Book Through InspiredSouthDublin.ie

For full listed details of “Inspired @ South Dublin” check out
DublinsOutdoors.ie or Facebook @[DublinsOutdoors](https://www.facebook.com/DublinsOutdoors) and @[sdscsp](https://www.facebook.com/sdcsp)